

Competition rules

6th Maia Wushu Tournament

March 4th, 2023





COMPETITION RULES

This document aims to establish the competition rules that will be applied in the **6th Maia Wushu Tournament**.

CHAPTER I – introduction

1. Introduction

The *6th Maia Wushu Tournament* is the sixth edition of a cycle of tournaments created initially for both traditional and modern Wushu *taolu* beginners. This year, the event is also extended to advanced level athletes.

This tournament is open to children from the age of 5 years old, teens and adults with no age limit who want to acquire competitive experience.

Participants may or may not be members of their country's national Wushu federation, as long as they have sports insurance.

The Organizer of this competition is Wulin Sports Association - ADW.

Date: 4th March 2023 (saturday)

Location: Pavilhão Municipal de Ardegães - Águas Santas I, Maia - Portugal

2. Tournament purposes

- Disseminate Wushu/Kung-Fu as a performative martial art;
- Captivate children, young people and adults to practice sports;
- Cultivate a healthy competitive spirit, effort, respect and solidarity – Wushu spirit;
- Motivate for the development of specific foundation skills;
- Promote the exchange of experiences between participants;
- Foster a healthy lifestyle;
- Promote tourism in the region.



1. Accreditation

1.1. The accreditation is mandatory - all athletes, coaches and referees must withdraw their credentials before the competition starts.

1.2. By the beginning of the competition, all athletes must have submitted their registration with the proof of insurance and payment, and presented their ID document at the accreditation desk.

2. Competitive categories

Competitors will be divided preferably by gender, age and *taolu* styles of barehands and weapons.

2.1. Age groups

2.1.1. Preferably the age groups in competition should be as follows:

- A (5-6 years old) - bambi
- B (7-8 years old) - benjamin
- C (9-11 years old) - infant
- D (12-14 years old) - cadets
- E (15-17 years old) - juniors
- F (18-30 years old) - adults
- G (+30 years old) - seniors

2.1.2. The age group is determined by the age of the athlete at the time of the tournament.

2.1.3. Each age group shall be composed of at least 4 athletes.

2.1.4. The Organization reserves the right to change age groups by dividing or attaching echelons as needed.

2.2. Styles of barehands and weapons *taolu*

2.2.1. The competition is divided into 3 vectors: 1) individual *taolu*; 2) synchronized group *taolu* (*Jiti*); 3) 3 or 4 people *taolu* (*Duilian*).

2.2.2. The allowed styles of barehands and weapons *taolu* are as follows:



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- *Changquan*
- *Nanquan*
- *Taijiquan* (modern or traditional)
- Traditional (northern, southern, imitation, acrobatic styles ...)
- Short weapons (*Daoshu, Jianshu, Nandao, Taijijian*)
- Long weapons (*Gunshu, Qiangshu, Nangun*)
- Traditional weapons (short staff, double or articulated weapons ...)

2.2.3. The modern Wushu *taolu* allowed are as follows:

2.2.3.1. Barehands:

- *Wubuquan*
- *Changquan 16*
- *Nanquan 16*
- *Changquan Duanwei 1, 2, 3*
- *Changquan 20*
- *Changquan 32*
- *Nanquan 32*
- *Taijiquan 24*
- Basic to intermediate level of difficulty barehands *taolu* of traditional styles (internal and external)

2.2.3.2. Weapons:

- *Daoshu 16*
- *Gunshu 16*
- *Nandao 16*
- *Nangun 16*
- *Jianshu 16*
- *Qiangshu 16*
- *Daoshu 32*
- *Gunshu 32*
- *Nandao 32*
- *Nangun 32*
- *Jianshu 32*
- *Qianshu 32*
- *Taijijian 42*
- Basic to intermediate level of difficulty weapons *taolu* of traditional styles (internal and external)

2.2.4. In case of advanced *taolu* (1st, 2nd or 3rd set in modern Wushu), athletes should mention clearly the name of the *taolu* in the registration form and wait the confirmation of the Organization. In these *taolu*, movements with degree of difficulty



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known as *nandu* won't be considered, since there will be only judges from pannel A (quality of movement) and pannel B (overall performance).

2.2.5. In *Jiti taolu*, each group will consist of 3 to 5 athletes.

2.2.6. The minimum time for each *taolu* is 20 seconds. The maximum time is 2 minutes (except for *Taiji* events).

2.2.7. Athletes have the possibility to repeat the *taolu* once without any deduction on the final score.

2.3. The Organization reserves the right to change categories by dividing or attaching as needed in order to reach the minimum number of 4 athletes per category.

3. Awards

3.1. All athletes will receive a certificate of participation.

3.2. Athletes ranked 1st, 2nd and 3rd places will receive a medal and a diploma.

4. Other provisions

4.1. The Organization Committee reserves the right to change competitive categories or the program of the event, if necessary.

4.2. Omitted cases shall be decided by the Organization Committee.

City of Maia, January 25th 2023